



YMCA of the Triangle Overnight Camp Program MEDICAL PROTOCOLS AND PRACTICES

To minimize illness at Camp, we ask that you monitor the health of **each participant** (camper, parent, guardian, sibling) daily beginning five days prior to their arrival at Camp. Upon arrival, you will be asked to verbally confirm completion but will not be asked to submit the actual paper form to Camp.

Five-Day Temperature Check

Start date of temperature check/symptom screening: Day _____ Month _____
(A fever is 100.4 and greater. Symptoms of COVID-19: Fever, Chills, Shortness of breath/difficulty breathing, Cough, New Loss of Taste or Smell, Headache, Diarrhea/Vomiting, Fatigue, Muscle/Body Aches.)

Day	5	4	3	2	1
Temperature or Symptoms Present?	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO

Pre-Screening Assessment

Please read carefully and check the appropriate answer.

Have you in the last five days been diagnosed with, or quarantined in relation to, COVID-19 or living in the same household as a person with symptomatic laboratory-confirmed COVID-19?	<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Not Applicable
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If you answer yes to this question, or record a temperature of 100.4 or greater, please call the number below (as it corresponds to your program) for further guidance.

- Non Y Guides programs at Camp Sea Gull and Camp Seafarer: 252-249-1212
- Non Y Guides programs at Camp Kanata: 919-556-2661
- All Y Guides Programs: 919-719-9695