



YMCA of the Triangle Overnight Camp Program COVID-19 MEDICAL PROTOCOLS AND PRACTICES

Ensuring safe fall programs will require a partnership among all of us. Our top priority is to keep our participants, families, and staff safe. In light of our current reality, we have elevated our medical protocols and practices using recommendations from the Centers for Disease Control and Prevention (CDC), American Camp Association (ACA), North Carolina State Health and Human Services, Pamlico County Health Department, and Wake County Health Department and with guidance from our Camp Medical Advisory Committee. As always, we will continue to monitor guidance from the CDC and the State of North Carolina. We recognize that COVID-19 guidelines will change as the landscape changes, and will adapt our programming and protocols accordingly.

To minimize illness at Camp, we ask that you monitor the health of each participant daily beginning 10 days prior to their arrival at Camp.

If your child is taking part in a program at a YMCA of the Triangle Overnight Camp without you, please complete the form below, sign at the bottom, and send the actual paper form with your child as they depart for the program.

If your child is taking part in a program at the YMCA of the Triangle Overnight Camp with you, please use the below as a template to monitor both your temperature and your child(ren)'s. Upon arrival, you will be asked to verbally confirm completion but will not be asked to submit the actual paper form to Camp.

10-Day Temperature Check

Start date of temperature check/symptom screening: Day _____ Month _____
(A fever is 100.4 and greater. Symptoms of COVID-19: Fever, Chills, Shortness of breath/difficulty breathing, loss of taste/smell and new cough.)

Day	10	9	8	7	6
Temperature	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO
Symptoms Present	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO
Day	5	4	3	2	1
Temperature	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO
Symptoms Present	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO	<input type="checkbox"/> YES <input type="checkbox"/> NO

PRE-SCREENING ASSESSMENT

Please read carefully and check the appropriate answer. Have you in the last 10 days:

Been diagnosed with, or quarantined in relation to, COVID-19 or living in the same household as a person with symptomatic laboratory-confirmed COVID-19?	<input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Not Applicable
Experienced, or been around anyone experiencing, any symptoms of COVID-19?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Had any reason to believe you have COVID-19?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Traveled to/from CDC countries with widespread ongoing transmission with travel restrictions?	<input type="checkbox"/> YES <input type="checkbox"/> NO
Returned from a cruise ship or river cruise voyage?	<input type="checkbox"/> YES <input type="checkbox"/> NO

If you answer yes to any of these questions, or record a temperature of 100.4 or greater, please call the number below (as it corresponds to your program) for further guidance.

- Non Y-Guides programs at Camp Sea Gull and Camp Seafarer: 252-249-1212
- Non Y-Guides programs at Camp Kanata: 919-556-2661
- All Y Guides Programs: 919-719-9695

(The section below is to be completed by those attending programs without a parent.)

Your signature indicates that you have completed this health screening 10 days prior to Camp and to the best of our ability. We understand that arriving to Camp healthy is vital to a healthy Camp experience for all campers, staff and the community.

Parent Signature: _____ Date: _____