



AQUATICS GUIDELINES

BAND COLOR	ASSESSMENT	POOL ACCESS	LAKE ACCESS	ELEMENTS AND ACTIVITIES ACCESS
RED	Working towards being able to earn a Purple Band.	May swim in up to 3 feet of water. They must wear a life jacket if they have not yet completed 5th grade.	May swim in up to 3 feet of water. They must wear a life jacket if they have not yet completed 5th grade.	The Zipline and the Otter Slide (SF). They may also boat with a counselor.
PURPLE	*Plunge into less than 5 feet of water and resurface unassisted. *Tread water for 30 seconds. *Swim 12.5 yards.	May swim in up to 5 feet of water.	May swim in up to 3 feet of water.	The Zipline and the Otter Slide (SF). They may also boat with a counselor or friend that has a White Band.
BLACK	*Plunge into more than 5 feet of water and resurface unassisted. *Tread water for 30 seconds. *Swim 50 yards with rhythmic breathing.	May swim in up to 6 feet of water.	May swim in up to 5 feet of water.	The Zipline, the Blue Zoom and the Otter Slide (SF). They may also boat with a counselor or friend who has a Black or White Band.
WHITE	*Plunge into more than 5 feet of water and resurface unassisted. *Tread water for 30 seconds. *Swim 100 yards with rhythmic breathing using specific strokes (Freestyle, Breaststroke, Backstroke).	May swim in all depths.	May swim in all depths.	The Zipline, the Blue Zoom, the Blob, the Yard Arm, the diving boards and the Otter Slide (SF). They may boat with a counselor, alone or with a friend who has a Purple, Black or White Band.